



HEATON FAMILY CHIROPRACTIC

MESSAGE GUIDELINES AND BOUNDARIES

To ensure our patients' best results from and experience with massage therapy, please review the following information.

Time:

- ❖ Patient should arrive on time for appointment.
- ❖ Patient must provide a **24 hour notification** for cancellation or will be subject to a missed appointment fee up to \$65.00.
- ❖ If a patient arrives more than **10 minutes past** the scheduled appointment time, their massage may be cut short or rescheduled based on the therapist's availability.
- ❖ If an emergency occurs for either the patient or the therapist, the session may be rescheduled based on a mutual agreement.

Treatment:

- ❖ For maximum results, patients should hydrate with water prior to and immediately following massage sessions.
- ❖ Massage therapy involves the use of touch, and may at times include the use of oils, lotions, or creams. Coming to your massage therapy session with a clean body is imperative for the health and safety of both the patient and massage therapist. Personal hygiene is mutually respected on both the part of the patient and the massage therapist. Should either part fail to uphold their hygiene responsibilities, services for that session will be postponed.
- ❖ Patient may determine which pieces of clothing to remove. Patient **WILL NOT DISROBE** while therapist is in the room.
- ❖ Patient will remain covered at all times. Area(s) to be treated will be uncovered by therapist as necessary.
- ❖ Doctor determines area(s) to be treated and will communicate this with the patient and therapist.
- ❖ Patients will refrain from alcohol and/or recreational drug use for at least 12 hours prior to the massage session. If you are taking or have taken prescription drugs for pain management or anti-inflammatory purposes in the past 12 hours, please notify the massage therapist prior to the sessions beginning.
- ❖ Patient needs to communicate the tolerable pressure/pain level to the therapist during massage.
- ❖ Massage sessions are conducted in a designated space that is used exclusively for massage and ensures the patient's privacy.
- ❖ Any patient under the age of 18 years must be accompanied by an adult and/or have a signed "Consent to Treat..." form on file.
- ❖ If the patient or therapist would like another adult to observe the session, this may occur at the therapist's discretion.
- ❖ The presence of minors during sessions is discouraged so that neither patient nor therapist is distracted.

Payment:

- ❖ Payment is due at the time service is rendered, unless otherwise dictated by contractual agreement between patient's insurance company and our office.
- ❖ Cash, check or credit cards (Visa/MasterCard/Discover) are all accepted.
- ❖ Gratuity/Tip is greatly appreciated but not expected.

I have read the above and agreed to adhere to all guidelines and boundaries set forth. If for any reason I cannot adhere to these, I understand that the therapist will discuss a course of action that may result in discontinuing treatment.

Patient's Signature: _____

Date: _____

Print Name : _____

Revised: 1/13/2017